

# FALL BACK INTO FITNESS



## FAMILY FUN NIGHTS BACK TO SCHOOL

FALL BACK INTO ROUTINES— WITH WEIRD SCIENCE, CRAZY FUN CATCH GAMES , YUMMY HANDS ON SNACKS AND SITE DIRECTED GROUP ACTIVITIES.

**FREE FAMILY FUN NIGHTS!!**

HOSTED BY THE YMCA IN  
PARTNERSHIP WITH  
WATERTOWN CITY SCHOOLS.



Fairgrounds YMCA  
585 Rand Drive  
Watertown, NY 13601

FAMILY FUN NIGHT INFO:  
You may sign up to attend any of the dates that are good for your Family.

Time: 5:00-7:00 pm

Dates and Locations:

Monday Sept. 17 Sherman

Tuesday Sept. 11 Knick

Wednesday Sept. 19 Wiley

Thursday Sept. 13 Ohio

Friday Sept. 14 North

It is EASY to register  
Call 315-755-2005 to  
register right  
over the phone!

