

The Watertown Cyclone E-Athletic Newsletter - July 2019



*Important Dates:*     **August 15 - 5:30pm, WHS, "Meet the Coaches Night"** - mandatory meeting for JV and Varsity parents and players to go over team rules. All teams meet in the **Auditorium at 6pm**. Any modified players can attend the meeting in the Auditorium at 6pm.

**August 19** - all JV and Varsity Sports Start.

**August 26 - 10am, Case Middle School Cafeteria, Mandatory Meeting** for all **Modified Football Players** and Parents.

**August 26** - Modified Football Practice starts after meeting.

**August 26 - 6pm, Case Middle School Cafeteria, Mandatory Meeting** for **Modified Soccer** (boys and girls), **Modified Swimming** (girls), and **Modified Cross-Country** (boys and girls).

**August 27-30** - Modified Practices Start.

*(Parents - please contact the Athletic Office if you cannot attend meetings 315-785-3833.)*

Congratulations to Julia LaVarnway, Abrianna Parson, Luise Shay, and Ally Kilburn for being recognized by The New York State Council on Women and Girls with the "If You Can See it, You Can Be It Scholar Athlete" award for 2019-20! Way to go Lady Cyclones!

The weight room is open from 12pm - 5pm weekdays for students getting ready for fall sports. Make sure you work hard in preparation for the season!