



Cyclone Gluten Free Menu

BREAKFAST is offered daily and includes assorted cereal, juice, milk and entree listed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Breakfast: Craisins	Breakfast: Fruit Cup
			Pizza Garden Salad with Fresh Vegetables Peaches 5	GF Pasta with Meatballs Green Beans Fruit Cocktail 6
Breakfast: Raisins	Breakfast: Fruit Cup	Breakfast: Bananas	Breakfast: Craisins	Breakfast: Fruit Cup
Baked Chicken Baked Beans GF Bread Applesauce 9	GF Pasta with Meatballs Maple glazed carrots Diced Pears 10	Turkey Sandwich on GF Bread Veggie Cruncher Cups Apple 11	Pizza Garden Salad with Fresh Vegetables Diced Peaches 12	Roast Turkey with Mashed Potatoes GF Bread Mixed Vegetables Orange Wedges 13
Breakfast: Raisins	Breakfast: Fruit Cup	Breakfast: Bananas	Breakfast: Craisins	Breakfast: Fruit Cup
Hamburger on GF Roll Mexican Bean Salad Corn Fruit Cup 16	Ham Sandwich on GF Bread French Fries Fresh Veggies Diced Pears 17	GF Pasta with Meatballs Green Beans GF Bread Apple 18	Pizza Garden Salad with Fresh Vegetables Peaches 19	Baked Chicken Smilie Potatos Fruit Cocktail 20
Breakfast: Raisins	Breakfast: Fruit Cup and String Cheese	Breakfast: Bananas	Breakfast: Craisins	Breakfast: Fruit Cup and Hard Boiled Egg
Roast Turkey with Mashed Potatoes 3 Bean Salad Applesauce 23	Ham Sandwich on GF Bread Baby Carrots Diced Pears 24	Tacos with Nacho Chips Refried Beans Lettuce and Cheese Cup Apple 25	Pizza Garden Salad with Fresh Vegetables Peaches 26	Hot Dog on GF Roll Tater Tots Orange Wedges 27
Breakfast: Raisins				
Hamburger on GF Roll Baked Beans Fruit Cup				

USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER Milk available daily: Fat free, 1% and Fat free chocolate Menu subject to change without notice
 Please be advised if your child/children have food allergies, foods served may contain ingredients your child is allergic to. For more specific information, please contact the School Nutrition Program Director.