



# Cyclone High School Menu

Breakfast is available every day with cereal, juice, fruit cup, milk and additional item listed for day.

PBJ will be offered daily

| MONDAY  | TUESDAY   | WEDNESDAY                                  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
|   |   | SUPERINTENDENT'S<br>CONFERENCE<br>DAY<br>2 | SUPERINTENDENT'S<br>CONFERENCE<br>DAY<br>3  | 4   |
| LABOR DAY<br>7  | SUPERINTENDENT'S<br>CONFERENCE<br>DAY<br>8  | VIRTUAL<br>9                               | Breakfast: Breakfast Break<br>Pizza Wedge<br>Garden salad<br>Broccoli<br>Peaches<br>10                              | Breakfast: Breakfast Break<br>Pizza Wedge<br>Garden salad<br>Broccoli<br>Peaches<br>11                              |
| Breakfast: Cinni Mini<br>Chicken Tenders w/roll<br>Sweet potato Fries<br>Corn<br>Applesauce<br>14 | Breakfast: Cinni Mini<br>Chicken Tenders w/roll<br>Sweet potato Fries<br>Corn<br>Applesauce<br>15 | VIRTUAL<br>16                              | Breakfast: Mini French Toast<br>Individual Pan Pizza<br>Garden salad with baby carrots<br>Carrot<br>Fruit mix<br>17 | Breakfast: Mini French Toast<br>Individual Pan Pizza<br>Garden salad with baby carrots<br>Carrot<br>Fruit mix<br>18 |
| Breakfast: Poptart<br>Pork Steak<br>French Fries<br>Applesauce Cup<br>21                          | Breakfast: Poptart<br>Pork Steak<br>French Fries<br>Applesauce Cup<br>22                          | VIRTUAL<br>23                              | Breakfast: Mini Pancake<br>Cheeseburger on a roll<br>French fries<br>Fruit Mix<br>24                                | Breakfast: Mini Pancake<br>Cheeseburger on a roll<br>French fries<br>Fruit Mix<br>25                                |
| Breakfast: Breakfast Bread<br>Chicken Nuggets<br>Tator tots<br>Applesauce Cup<br>28               | Breakfast: Breakfast Bread<br>Chicken Nuggets<br>Tator tots<br>Applesauce Cup<br>29               | VIRTUAL<br>30                              |   |   |

USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER Milk available daily: Fat free, 1% and Fat free chocolate Menu subject to change without notice  
Please be advised if your child/children have food allergies, foods served may contain ingredients your child is allergic to. For more specific information, please contact the School Nutrition Program Director.

