



# Cyclone K-12 "3 day virtual pick up"

Breakfast is available every day with cereal, juice, fruit cup, milk and additional item listed for day.

PBJ will be offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>Breakfast: Mini Waffle</b> <b>Peanut Butter and Jelly</b> Green Beans Fresh Orange 1	2
5	<b>Breakfast: Poptart</b>  <b>Pizza</b> Vegetarian Beans Applesauce Cup 6	<b>Breakfast: NutriGrain Bar</b>  <b>Meat Sub</b> Baby Carrots Peaches 7	<b>Breakfast: Mini Pancake</b>  <b>Peanut Butter and Jelly</b> Green Beans Strawberry Cup 8	9
<b>NO SCHOOL</b> <b>COLUMBUS DAY</b> 12	<b>Breakfast: Poptart</b>  <b>Pizza</b> Vegetarian Beans Applesauce Cup 13	<b>Breakfast: NutriGrain Bar</b>  <b>Meat Sub</b> Baby Carrots Peaches 14	<b>Breakfast: Mini French Toast</b>  <b>Peanut Butter and Jelly</b> Green Beans Fresh Orange 15	16
19	<b>Breakfast: Poptart</b>  <b>Pizza</b> Vegetarian Beans Applesauce Cup 20	<b>Breakfast: NutriGrain Bar</b>  <b>Meat Sub</b> Baby Carrots Peaches 21	<b>Breakfast: Breakfast Bread</b>  <b>Peanut Butter and Jelly</b> Green Beans Strawberry Cup 22	23
26	<b>Breakfast: Poptart</b>  <b>Pizza</b> Vegetarian Beans Applesauce Cup 27	<b>Breakfast: NutriGrain Bar</b>  <b>Meat Sub</b> Baby Carrots Peaches 28	<b>Breakfast: Mini Donut</b>  <b>Peanut Butter and Jelly</b> Green Beans Fresh Orange 29	<b>EARLY DISMISSAL</b> 30

USDA IS AN EQUAL OPPORTUNITY PROVIDER EMPLOYER Milk available daily: Fat free, 1% and Fat free chocolate Menu subject to change without notice  
 Please be advised if your child/children have food allergies, foods served may contain ingredients your child is allergic to. For more specific information, please contact the School Nutrition Program Director.

