



Cyclone K-12 "5 day virtual pick up"

Breakfast is available every day with cereal, juice, fruit cup, milk and additional item listed for day.

PBJ will be offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Breakfast: Mini Waffle Peanut Butter and Jelly Green Beans Fresh Orange 1	Breakfast: Cereal Tacos with Doritos Corn Fruit Mix Cheese Cup 2
Breakfast: Breakfast Break French Toast Sticks with Sausage Smiles Pears 5	Breakfast: Poptart Pizza Vegetarian Beans Applesauce Cup 6	Breakfast: NutriGrain Bar Meat Sub Baby Carrots Peaches 7	Breakfast: Mini Pancake Peanut Butter and Jelly Green Beans Strawberry Cup 8	Breakfast: Cereal Macaroni and Cheese Carrots Peaches 9
NO SCHOOL COLUMBUS DAY 12	Breakfast: Poptart Pizza Vegetarian Beans Applesauce Cup 13	Breakfast: NutriGrain Bar Meat Sub Baby Carrots Peaches 14	Breakfast: Mini French Toast Peanut Butter and Jelly Green Beans Fresh Orange 15	Breakfast: Cereal Pizza Wedge Garden Salad Fruit Mix 16
Breakfast: Breakfast Break Cheesy Breadstick Baby Carrot Applesauce Marinara Cup 19	Breakfast: Poptart Pizza Vegetarian Beans Applesauce Cup 20	Breakfast: NutriGrain Bar Meat Sub Baby Carrots Peaches 21	Breakfast: Breakfast Bread Peanut Butter and Jelly Green Beans Strawberry Cup 22	Breakfast: Cereal Cheeseburger on Roll Garden Salad Fruit Mix 23
Breakfast: Cereal Chicken Tenders Corn Pears 26	Breakfast: Poptart Pizza Vegetarian Beans Applesauce Cup 27	Breakfast: NutriGrain Bar Meat Sub Baby Carrots Peaches 28	Breakfast: Mini Donut Peanut Butter and Jelly Green Beans Fresh Orange 29	Breakfast: Breakfast Break Cyclone Lunchable Ham, turkey, cheese and dinner roll Baby Carrots Fruit Mix 30

USDA IS AN EQUAL OPPORTUNITY PROVIDER EMPLOYER Milk available daily: Fat free, 1% and Fat free chocolate

Menu subject to change without notice

Please be advised if your child/children have food allergies, foods served may contain ingredients your child is allergic to. For more specific information, please contact the School Nutrition Program Director.

